

# Zero discrimination

TASHKENT STATE UNIVERSITY OF LAW





**At Tashkent State University of Law (TSUL), there are initiatives and programs that focus on the psychological well-being of women, especially considering the university's efforts to align with the Sustainable Development Goals (SDGs) and the existence of groups like the Girls Development Club.**



# Psychological well-being of women

The university organizes events aimed at discussing mental health issues specific to women, such as stress management, body image, and self-esteem.



[click here](#)

Universities often provide counseling services that are confidential and specifically designed to address the mental health needs of students, including women. These services might help with issues like anxiety, depression, and academic stress.

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**#TADBIR**

**“Akademik sog‘lomlikka tayyormisiz?” mavzusida psixologik trening o‘tkazildi**

TDYU Xorijiy tillar kafedrasidan Magistratura va sirtqi ta’lim fakulteti bilan hamkorlikda tashkil etilgan treningda professor-o‘qituvchilar, xodimlar va talabalar ishtirok etdi.

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The image shows a social media post from the Tashkent State University of Law (TSUL). It features a collage of photos from a psychological training event. The top left photo shows a woman in a blue blazer speaking at a podium. The top right photo shows an audience of students in a lecture hall. The middle left photo shows a group of people, including a man in a suit, presenting a certificate. The middle right photo shows a man in a suit speaking at a podium with a screen behind him displaying the event title. The post includes the university's logo, the hashtag #TADBIR, the title of the event in quotes, and a brief description of the event. Social media icons for Facebook, Instagram, and Telegram are visible at the bottom left.

# What TSUL offers?



## Health and Wellness Programs

Stress Management and Relaxation Techniques.  
Workshops or courses that teach relaxation techniques like meditation, yoga, or mindfulness to help women cope with academic pressures.

Physical Health and Its Role in Mental Well-Being.  
Programs that highlight the connection between physical health and mental health, encouraging women to maintain a balanced lifestyle through exercise, nutrition, and sleep.

[click here](#)



# Initiative project "Women-Scientists"

The project executors should include only women, the average age of the research team should not exceed 45 years, the research team should include young scientists, talented students, and undergraduates.

[click here](#)



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www.tsul.uz

05  
MAY

**"Olima ayollar" loyihalar tanlovi  
e'lon qilindi**

Loyihalar 2023-yil 5-mayga qadar qabul qilinadi.

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# Volunteer students of TSUL against cyber violence against girls and women

watch video



KIBERZO'RAVONLIK

TDYU VOLONTYOR TALABALARI AYOLLAR VA QIZLARGA  
NISBATAN KIBERZO'RAVONLIKKA QARSHI

# The [gendermadad.uz](http://gendermadad.uz) platform was launched

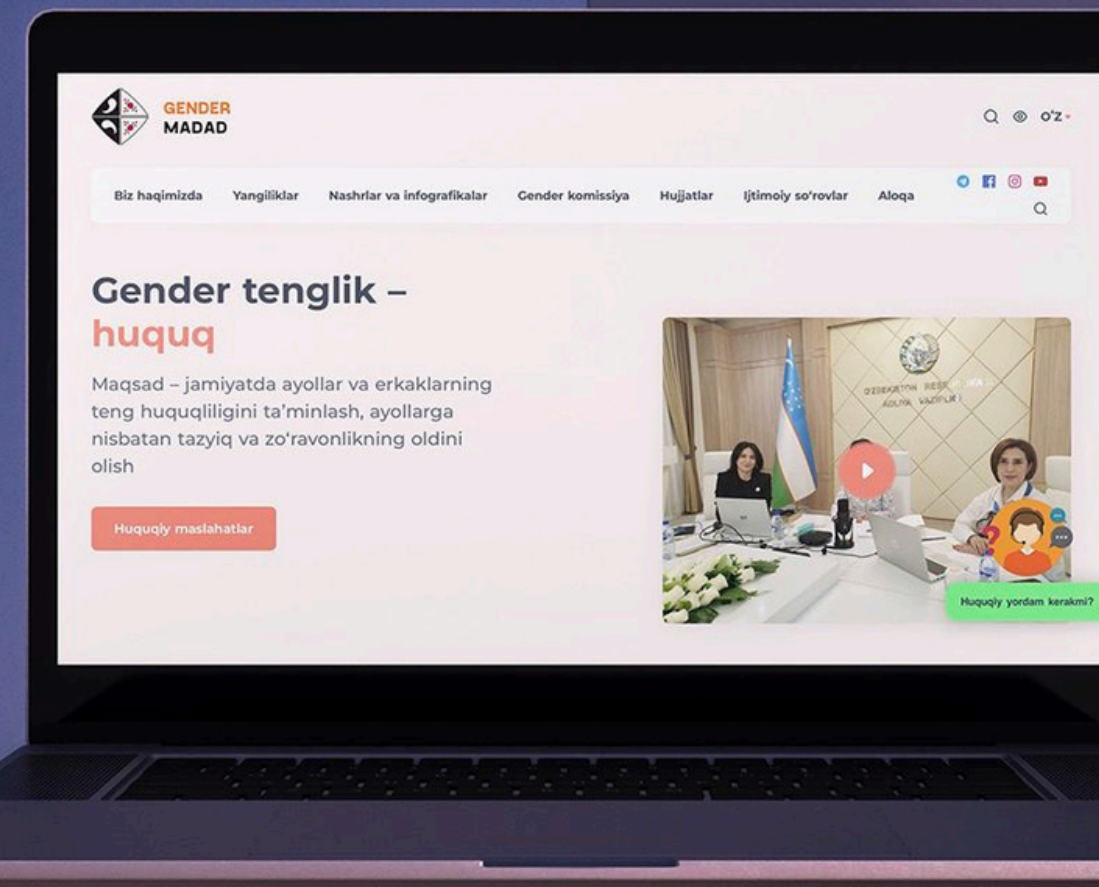
The Ministry of Justice launched the platform [gendermadad.uz](http://gendermadad.uz) to equally protect the rights of women and men and provide them with free legal assistance.

[click here](http://gendermadad.uz)



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**G**endermadad.uz  
platformasi ishga tushirildi



## The Ministry of Justice conducted a competition entitled "Women in Society: Rights, Protection and Opportunities"

Contestants were awarded with valuable prizes (tablets, notebooks, and televisions) in the following categories:

1. "For the best journalistic material aimed at protecting women from harassment and violence, highlighting rights and guarantees";
2. "For the best blog about protecting women from harassment and violence, highlighting rights and guarantees;
3. "Recognition of Justice."





# Scopus®

TSUL announced the TOP-5 professors and lecturers (women) whose articles have been published in the "Scopus" database.

These distinguished scholars have made significant contributions to academic research, demonstrating excellence in their respective fields through internationally recognized publications.

Their work not only enhances the university's global reputation but also sets a high standard for research and education at TSUL.



**TASHKENT STATE UNIVERSITY OF LAW**

**TOSHKENT DAVLAT YURIDIK UNIVERSITETI TOP-5 AYOL PROFESSOR-O'QITUVCHILARINING "SCOPUS" MA'LUMOTLAR BAZASIDAGI KO'RSATKICHLARI**

**WORLD RANKINGS TSUL**

No	F.I.SH.	MAQOLALAR SONI	H - INDEX	IQTIBOSLIK KO'RSATKICHI
1	MUKHITDINOVA FIRYUZA	4	—	—
2	TULAGANOVA GULCHEHRA	3	2	22
3	TADJIBAEVA ALBINA	3	2	7
4	KAMALOVA DILDORA	2	1	4
5	ESANOVA ZAMIRA	2	1	1

**IZOH:** 1. JADVAL 12.03.2021-YIL HOLATIGA KO'RA "SCOPUS" MA'LUMOTLARIGA ASOSAN TUZILGAN.  
2. ASOSIY KO'RSATKICH SIFATIDA MAQOLA SONI HISOBGA OLINGAN.

**UZTOZLARIMIZ BARCHAGA O'RNAK BO'LAYOTGANLIK LARI UCHUN KATTA RAHMAT AYTGAN HOLDA YUTUQLARI BILAN TABRIKLAYMIZ VA ULARNING KELGUSI ILMIY-TADQIQOT FAOLIYATLARIGA OMAD TILAB QOLAMIZ!**

[click here](#)

# YANGILIKLAR 24

GENDER TENGLIK  
MASALASIDA  
XALQARO HAMKORLIK

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News 24 | International cooperation on  
gender equality

[watch video](#)

## Mass Media



## A seminar-training on the topic "Communication in the family and gender equality" was organized at TSUL

The training, organized on the initiative of the Women's Council of Tashkent State University of Law, was conducted by Khusnora Rakhimova, a specialist from the "Oila va xotin-qizlar" Research Institute.

During the practical psychological training, interesting information was provided on gender equality and other legal relations in the family, and quizzes, interactive games were held on the topic.



The image shows a social media post from the Tashkent State University of Law (TSUL). At the top left is the TSUL logo and the text "TOSHKENT DAVLAT YURIDIK UNIVERSITETI". At the top right is a globe icon and the website "www.tsul.uz". The main image is a photograph of two women, one in a black blazer and one in a patterned blouse, looking at each other. Below this are two smaller inset photos: one showing a group of women sitting on a stage, and another showing a group of people in a room. At the bottom of the post is a dark blue banner with white text in Uzbek. The text reads: "Oila muloqot va gender tengligi" mavzusida seminar-trening tashkil etildi. TDYU Xotin-qizlar kengashi tashabbusi bilan talaba-qizlar uchun o'tkazilgan seminar-treningni "Oila va xotin-qizlar" tadqiqot instituti mutaxassisi Husnora Rahimova olib bordi. To the right of the text are social media icons for Facebook, Instagram, and Telegram, followed by the handle "@tsulofficial".

**“O**ilada muloqot va gender tengligi” mavzusida seminar-trening tashkil etildi

TDYU Xotin-qizlar kengashi tashabbusi bilan talaba-qizlar uchun o'tkazilgan seminar-treningni "Oila va xotin-qizlar" tadqiqot instituti mutaxassisi Husnora Rahimova olib bordi.

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